

Cecchetti Theory

Grade 1

8 Points of the room - 4 corners

Positions of the feet - 1st, 2nd, & 3rd

French Terms (grade 1)

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|-----------|-----------------|--------------|------------------------|
| la barre | - the bar | en bas | - low |
| en avant | - forward | en haut | - high |
| devant | - front | derrière | - behind |
| adage | - slow movement | allegro | - quick movement |
| demi | - half | plié | - to bend |
| tendu | - to stretch | grand | - big |
| battement | - beating | port de bras | - carriage of the arms |
| retiré | - to withdraw | arabesque | - a position in dance |
| sauté | - to jump | à terre | - on the ground |
| échappé | - to escape | temps levé | - time lifted |
| reverence | - gracious bow | | |